

Shield HealthCare recognizes the dedication and daily challenges of caregivers.

Our annual caregiver story contest on "What Makes Caregiving Rewarding?" is a special way to honor caregivers and provide an encouraging forum to share inspiration. Whether you are a family caregiver or a health care professional, we welcome your story or short video about the rewards of being a caregiver.

Share Your Story OR VIDEO WITH US!

Top 3 Story Winner Prizes

- \$500 American Express Gift Card
- 1-year subscription to Today's Caregiver Magazine
- Commemorative Wall Plaque

Top 3 Runner-up Prizes

- \$150 American Express Gift Card
- 1-year subscription to Today's Caregiver Magazine

Top 3 Video Winner Prizes

(Awarded to videos with the most public votes)

- \$500 American Express Gift Card
- 1-year subscription to Today's Caregiver Magazine
- Commemorative Wall Plaque

All contest entrants will receive a commemorative lapel pin!

HOW TO SUBMIT YOUR STORY:

NEW! Share Your Video!

- ONLINE: (For written and video entries)
 shieldhealthcare.com/caring
- 2 EMAIL: (For written stories only) caring@shieldhealthcare.com
- 3 MAIL: (For written stories only)
 Shield HealthCare
 Attn: Caregiver Contest
 27911 Franklin Parkway
 Valencia, CA 91355

Please submit your written story via one method only.

What makes caregiving rewarding?





CONTEST DETAILS:

Your name, phone number and requested contact information must be included with your entry to qualify. Story entries may be up to 900 words or 3,500 characters. Videos must be 3 minutes or less and include a link to the published video posted online. There is a limit of one entry per person in each category, written or video. The contest will begin on 9/7/15 and end on 11/30/15. Entries must be postmarked or emailed with confirmed receipt by 11/30/15. At least one independent party will judge the entries; the decision of the judge(s) will be final. Previous winners of the story contest are not eligible to win our written contest, but are eligible to win our video contest. Shield HealthCare employees are not eligible to enter. Shield HealthCare may publish and use entries and photos for publication at no cost to Shield HealthCare. Contest winners will be notified by phone or mail by 12/18/15. Other restrictions apply. Please refer to the full, official contest rules at shieldhealthcare.com/caring.